

## Olive Oil

Many people cook with Olive Oil for its proven benefits of reducing the risk of degenerative illness, as well as lowering cholesterol, reducing inflammation and improving immune function. Now added to extract of olive leaves, used since the 1850s as a cold and flu remedy has more recently been believed to help lower blood pressure, reduce arrhythmias and reduce blocking of arteries.

### Benefits:

- Proven to reduce the risk of degenerative diseases.
- Shown to lower cholesterol.
- Can help to reduce inflammation and improve immune system function.
- Tried and tested cold and flu remedy since 1850s.
- Aids lowering blood pressure.
- Can help reduce arrhythmias and reduce the blocking of arteries.
- Shown to improve body's resistance to bacteria, fungi and viruses. Buy Olive Oil supplements from one of our approved suppliers online now!