

Evening Primrose Oil

Each capsule provides 1,000mg of Evening Primrose Oil which provides you with 95mg of GLA (Gamma Linolenic Acid). The body convert GLA into hormone like compounds, prostaglandins, which help regulate a number of bodily function, specifically in women.

Benefits:

- May help with joint inflammation associated arthritis or similar.
- Help to boost poor immunity.
- May help with Skin conditions such as eczema, rosacea, psoriasis and acne.
- Encourage healthy looking nails, skin, scalp & hair.
- May help with reproductive disorders (Male or Female).
- May help with Pre-Menstrual Syndrome (PMS) symptoms such as menstrual cramps and breast tenderness. Buy Evening Primrose Oil from one of our approved suppliers online now!